

SafeLandUSA Syllabus – Topics & Proposed Training Times



Legend: Bold items = Life-Saving Rules

Topic	Sub-Topics	Recommended Time
Hazard Recognition & Communication	<ul style="list-style-type: none"> • Job Safety Checklist 	<ul style="list-style-type: none"> • 20 minutes
	<ul style="list-style-type: none"> • Hydrogen Sulfide 	<ul style="list-style-type: none"> • 20 minutes
	<ul style="list-style-type: none"> • Fire Prevention 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Electrical Safety 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • General Health (temperature, ergonomics) 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Hand Safety 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Walking Working Surfaces 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Manual/Power Hand Tool Safety 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • High Pressure 	<ul style="list-style-type: none"> • 5 minutes
	<ul style="list-style-type: none"> • Noise Awareness 	<ul style="list-style-type: none"> • 5 minutes
	<ul style="list-style-type: none"> • Industrial Hygiene 	<ul style="list-style-type: none"> • 5 minutes
Energy Isolation	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Confined Space	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Stop Work	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes

Working at Heights	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Safe Mechanical Lifting/Equipment and Manual	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Driving	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Hot Work	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Work Authorization	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Bypassing Safety Controls	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Line of Fire	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Trenching and Excavation	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • 20 minutes
Site Specific	<ul style="list-style-type: none"> • Emergency Evacuation 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Drug and Alcohol/Substance Abuse 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Behavior Based Safety 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Incident Reporting & Recordkeeping 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Environmental 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Bloodborne Pathogens 	<ul style="list-style-type: none"> • 10 minutes
	<ul style="list-style-type: none"> • Housekeeping 	<ul style="list-style-type: none"> • 5 minutes
	<ul style="list-style-type: none"> • New Personnel 	<ul style="list-style-type: none"> • 5 minutes
	<ul style="list-style-type: none"> • Medical Response 	<ul style="list-style-type: none"> • 5 minutes

	<ul style="list-style-type: none"> • Infectious Disease 	<ul style="list-style-type: none"> • 2.5 minutes
	<ul style="list-style-type: none"> • Prevention of Workplace Violence 	<ul style="list-style-type: none"> • 2.5 minutes
	<ul style="list-style-type: none"> • Fire Arms & Prohibited Items 	<ul style="list-style-type: none"> • 2.5 minutes
	<ul style="list-style-type: none"> • Active Shooter 	<ul style="list-style-type: none"> • 1 minute
	<ul style="list-style-type: none"> • Home Away from Home 	<ul style="list-style-type: none"> • 1 minute
Total Training Time		<ul style="list-style-type: none"> • 7 hours

Delivery Guidelines

50% Presentation / 50% Application

Provide examples of application methods (case studies, discussion, role play, quizzes, etc.)